STRAIGHT FROM THE HORSE'S MOUTH

GENEALOGY

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straight from the Horses Mouth

Let it be known
that this
yearbook is hereby dedicated
to

_____

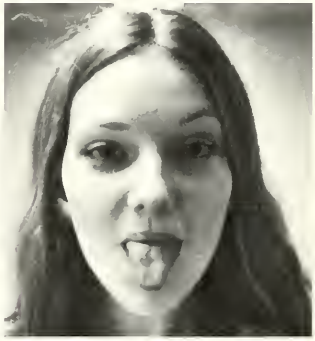
Sir frederick banting
secondary school
london, ontario, canada

COME WITH US

AS WE TAKE YOU ON A JOURNEY . . .

THROUGH THE BEST TEN MONTHS

OF YOUR LIFE . . .



AGAIN . . .

CONTENTS

Staff	Page 9 Co-Editors - Becky Reuber Anne Patchet
Graduates	Page 17 Editor - Sharon Little
Classes	Page 25 Editor - Anne Marie Smart
Activities	Page 51 Co-Editors - Suzanne McLurg Pam Lawrence
Athletics	Page 65 Co-Editors - Vic Cherniak Cathie Harris
Literary	Page 89 Editor - Tom Smart
Advertising	Page 95
	Photography Editor - Scott Newman
	Editor - in - Chief Janet Wilson
	Staff Advisor Mr. Milhausen

STAFF

A WORD FROM OUR PRINCIPAL

As the years go by, the principal of a school can't help but wonder about the young people in his charge. How long can they keep up the good work and maintain the standards they have set? Yet, year after year, they continue to astound one. This must be due to the quality of the people - staff and students alike. The 1973-74 year is no exception.

During this year, we've had successes garnished with some failures, much joy laced with a little gloom, outstanding achievements spotted here and there with a few bleak moments, and many victories trimmed with some defeats. The strength of all, however, rested in the spirit that went into the effort.

Nothing has pleased me more than the display of responsible attitude in all your endeavours.

To Janet Wilson, the student editor, to the yearbook staff and to Mr. Milhausen, the staff advisor, may I express a warm thanks on behalf of all of us for this record of our 1973-74 year.

Maxwell Roberts,
School Principal.

AND

VICE-PRINCIPAL

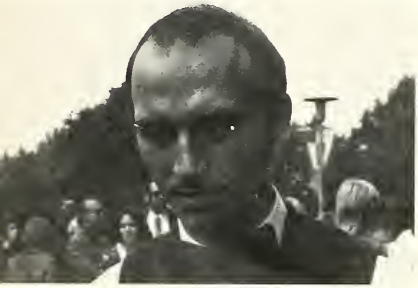
I sat in a Theatre London play
And watched a young actress from Banting way.
As she laughingly danced and sang her part,
I felt a strange warmth within my heart.
And my mind sped away, as minds often do,
To the young men and women, and their teachers too,
Who daily exchange their ideas and skill
In a school they call Banting, perched high on a hill.
And I thought of the pleasures, the sorrows, and dreams,
The drudgery days, the impossible schemes
That are part of the joy and the challenge one finds
Where youth are developing bodies and minds.
The athletic contests; the loyal Banting fans
Screaming support from the field or the stands.
The lithe Banting Broncos, in the midst of the fray,
Fighting for victory the sportsmanlike way.
The bands and the choirs, with music and song,
Gladdening even the days that seem long.
The Mikado, its cast in kimono and wig,
"The flowers that bloom in the Spring" dance a jig.
The dances, the concerts, the carnival fun,
The E. C. C. resting when their work is done.
And then there's the meeting of minds in the class,
Experiments bubbling in beaker and glass,
The technical shop and commercial class too,
In the History room a debate might ensue
As to whether society should change or conserve,
In the gym there's a testing of sinew and nerve.
Home Economics, Mathematics, and Art,
Myriad experiences in which youth may take part
As they look to the future, their own lives to plan,
Good citizens of the community of man.
For indeed the school hasn't a purpose at all
If its life faces in, and it doesn't recall
That it's part of a world that needs talents and skills,
Those who share in its joys and challenge its ills.
And my mind wandered back to the girl in the play,
And I thought then of music, sport, and ballet,
Work in the stores, and committee work too,
Hundreds of things that our young people do,
Dancethon pledges for youngsters with pleas,
A young foster child living far overseas,
Concerts for handicapped, Miss United Appeal,
Raking the leaves, service rendered with zeal.
And I felt that old fortune had shone well on me
To belong for a time to this great family.
One word to our graduates as you wend your way
May the good that you've done both in work and in play
Continue with you, your companion and guide,
May health and good fortune walk close by your side.
And finally, thanks to all those who are here
From the V. P. who's had yet another good year.

R. J. Estey
Vice-Principal

ART

Mrs. R.A. Merner

Miss A. MacLean



Mr. B. Ritchie

Mr. D. Jenkins

ENGLISH

COMMERCIAL

Mr. D. Fox

Mr. K. Hartsell

Mr. W. Schell

Mrs. B. King

Mrs. S. Cassan, Mr. R. Day.

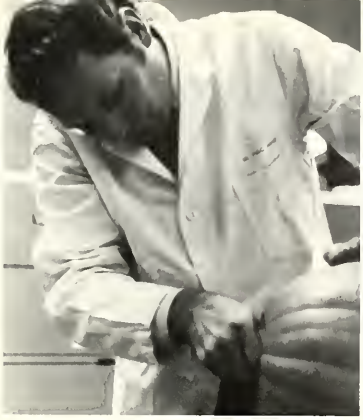
Mrs. K. Nakamura, Mrs. M. Roy.

Mrs. S. Goodbrand

Mrs. J. Charlton

GUIDANCE

Mr. D. Cookson



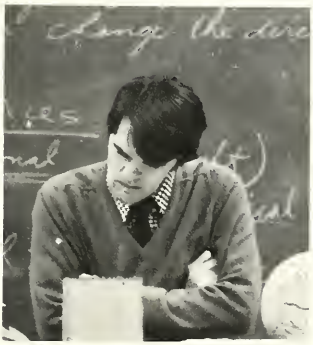
Mr. J. Roney

GEOGRAPHY

Mr. R. Taylor, Mr. Wm. Gawley.

Mr. D. Santor

HISTORY



Mr. P. Nixon

Mr. Wm. Mattys, Miss B. Golden, Mr. B. Brady.

HOME EC.

Mrs. Underwood, Mrs. Fouts. Mrs. Roy

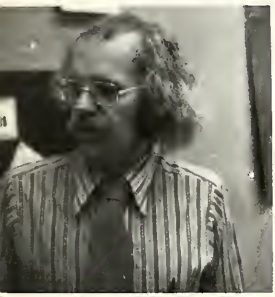
Mr. R. Bondy, Mr. S. Officer.

MATHEMATICS

Mr. W. Downing

Mr. J. White, Mr. J. Reid, Mr. A. Pauli.

Mr. P. Orcutt.



Mr. R. Davis

Mr. E. Wood

Mr. M. Milhausen, Mr. J. Stewart, Mr. W. Rows.
Mrs. S. Mennill

MODERNS

Mrs. J. Leney, Mrs. V. Lister.

Mr. D. Miller

MUSIC

Mr. R. Head

PHYS. ED.

Mr. and Mrs. P. Bugler

Mr. Wm. Dunlop

Mr. D. Colfax

Mrs. C. Stewart

Mrs. S. Rockwood

Mr. E. U'Ren

SCIENCE

Mr. L. Bushfield

Mr. D. MacHardy,
Mr. J. Wilton.

Mr. G. Duncan
Mr. D. Wilson, Mr. Greene.

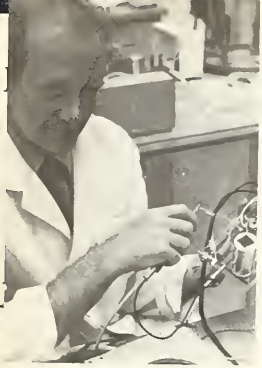
Mr. D. Getty

Mr. S. O'Neil

Mr. J. Knierim

TECHNICAL

Mr. R. Sorton, Mr. K. Kennedy.



Mr. R. Dickson

Mr. L. Allen

Mr. Wm. Dunlop

OFFICE

Secretaries: E. Leslie, C. Coulson, L. Yantke, G. Davidson, D. Larmour, L. Van Slyke.

Mr. R. Estey

Custodians: Carl Miller, R. Franklin, G. Walsh, R. Stone, Wm. Corbett, F. Bernardo, M. Dias, Wm. Richardson. ABS.: A. Carvell, F. Turick, M. Patton.

Cafeteria: Mrs. Evans, Mrs. Schroeder, Mrs. Armstrong, Mrs. Barker.

P. Kuen

J. Read

Rosebud

Miss K. Smith

GRADUATES

P. C. : Probable Career
Act. : Activities
F. M. : Fondest Memory

Barb Annett
P. C. : Int. Decorator.

Brock Burr

Nancy Campbell
P. C. : Secretary

Sherry Cotton

Janice Craig
Act. : Music

Sue Denstedt

Paula Di Frederico

Carla Does
P. C. : Secretary
F. M. : Fun

Janice Hastie
F. M. : The Patio

Marsha Johnson
Act. : Music

John Kerkoff

Cathy Lawrence
P. C. : Legal Sec.
Act. : Choir
F. M. : Britain

Glen Kralka

Reg Leland
P. C. : Forest Technician

Becky Link

Rasaleen Lorimer

YEAR 4 GRADUATES

Lori Lowes
P. C.: Cleaning Lady
F. M.: Euchre

Mary Michalcewicz

Melonie Preston
P. C.: Secretary
Act.: Skipping
F. M.: Weekends

Jerry Trewartha

Cathy Wigle
Act.: Sleeping
F. M.: 3:10

Brian Merry
P. C.: Policeman
Act.: Emporium
F. M.: June 7/74

Ellen Palser
P. C.: Int. Decorator
F. M.: The Out Book

Diane Senay

Kathy Stevenson

Harry Taylor

Kim Taylor
P. C.: Teacher
Act.: Choir
F. M.: Pygmalion

Henry Tofflemire

Rick Watkins
P. C.: Photographer

Cathy Woodhouse

Cornelia Weisendanger

Gayle Woods

YEAR 5 GRADUATES

Austin Allan

Lydia A. Amos

Juliet Andrews
P. C.: Social Worker
F. M.: Spain

Kevin Aspuith
Act.: Soccer
F. M.: Scoring

Ian Bancroft

Peggy Barnes

Chris Bentley
P. C.: Law
Act.: Track

Ann Beuchler

Anne Blackwell

Kathy Brent
P. C.: Phys. Ed.
Act.: Track
F. M.: Mile Run

Phil Brouwer
P. C.: Bum
Act.: Music
F. M.: Friends

Marci Brown

Rob Buist

Cynthia Bulani

Kevin Cameron
P. C.: Aviator
Act.: Band
F. M.: Britain

Scott Carter
P. C.: Aircraft Historian
F. M.: Friends

Pete Cauchi

Nilabh Chaudhary
Act.: Chess Club

Bean Coleman

Shelia Cope
P. C.: Accountant
Act.: Band

Bruce Cordell

Jeff Cosens
F. M.: Riding down the ramp.

Corey Day
Act.: Radio Banting
F. M.: Drinking

Lorna Dickson

Dathy Dieroff

Randy Donkervoort
Act.: Golden Pheasant
F. M.: Ridout

Annette Dowswell
Act.: Computer Club
F. M.: Quiet Library

Isabel Drennan

Nancy Dunne
Act.: Band
F.M.: Britain

Bob Eaman
P.C.: Banking
Act.: Band
F.M.: Britain

Steve Eldridge
P.C.: Fish
Act.: Basketball
F.M.: Fishing

Alex Essak
F.M.: Sleeping

Robert Faulkner

Mike Ferguson

Jane Fetterley
P.C.: Nursing
Act.: Yawning
F.M.: Exams

Doug Ford

Michael Gibbons

Bill Glover

Elizabeth Grainger
P.C.: Phys. Ed.
Act.: Band
F.M.: SAA film

Hugh Grant

Steve Grigor
P.C.: Drafting
Act.: Gym
F.M.: Math

Dagmar Gronsky
P.C.: Lawyer
Act.: Yes

Dave Gluth

Cathie Harris
P.C.: Teacher
Act.: Yearbook
F.M.: Lockers

Wendy Harris

Don Harte

Pete Healy
Act.: Sports

Patti Henshaw

Becky Hore

Debbie Hore

Gerry Hornick

Garth Howes

Sheila Hunt

Carole Irvine
Act.: Sports

Lisa James
Act.: SAA, ECC.
F. M.: Graduation.

Leah Jarmain
P. C.: Nursing
Act.: SAA

Alan Jeffs
P. C.: Engineer
F. M.: Euchre

Tim Kingsmill
Act.: Golden Pheasant

Doug Kirton

Gunner Krause
P. C.: Plumber
Act.: Wrestling
F. M.: My Bike

Mike Lacroix

Debbie Ladds

Robin Lancaster
P. C.: X-Ray Tech.
Act.: Euchre
F. M.: 18th Birthday

Harriet Lennox

Sharon Little
P. C.: Music
Act.: Everything
F. M.: Britain

Frances Loscombe
Act.: Choir
F. M.: Britain

Grace Lu

Kathy MacKenzie

Anne Magee
Act.: Choir
F. M.: Britain

Pat Maguire
P. C.: Dental Hygiene

Clare Martin

Kathy Mathers
Act.: Sports

John Maycock

Claire McCaughey
P. C.: Law
F. M.: Friends

Paul McCaughey
P. C.: Vet
F. M.: Leaving

Barb McKillop

Pete McLaren

Patti McLean
P. C.: Egg Lady
Act.: Sports
F. M.: Eggs

Brad McPhee

Scott McTaggert

Paul Merkley

Anna Michelis
Act.: Field Hockey
F. M.: Britain

Scott Miller
F. M.: Lisa's House

Anne Minshall

Phoebe Mitchell

Leslie Mogenson
P. C.: Medicine

Rita Moritz

Karen Morris

Brenda Morrison
P. C.: Nursing

Robert Morrison
P. C.: Vet
Act.: Band

Alastair Neely

Ross Nicholson

Pat Nolan

Dave Pickard

John Poag
Act.: Folk Club
F. M.: Leaving

Julie Pollock

Jim Potter

Mike Preuter

Anne Pyper

Jane Raines
P. C.: Home Ec.

Mike Reeve

Becky Reuber
Act.: Choir
F. M.: The Patio

Karen Richardson

Steve Robb

Todd Rogers

Dave Round

Jean Alice Rowcliffe

Carl Roy

Bob Rushton
P. C.: Driving Trucks
F. M.: The Pheasant

Nazmin Sayani

Geraldine Schram
P. C.: Teaching
Act.: Band

Ann Scott
P. C.: Therapy
F. M.: Britain

Rob Shervill
Act.: Smoking

Al Shipston

Janet Simpson

Jeannie Simpson
P. C.: Nursing
Act.: Semis
F. M.: Leaving

Anne Marie Smart
P. C.: Journalism
Act.: Yearbook
F. M.: Deadlines

Barry R. Smith
P. C.: Law
Act.: Mikado
F. M.: Britain

Christine Spoerel

Mike Swann

Tom Swartman

Michael Tetrault

Brian Thompson

Mike Thompson
Act.: Sports
F. M.: Physics

Ken Van Dongen

Ellen Virtue

Judy Marie Watson

Bruce West
P. C.: Urban Planner
Act.: Sports
F. M.: Doing 13'1"

Mark Weitlaufer

Rob Wilkins
P. C.: Geography
Act.: Football

Janet Wilson
Act.: Editor
F. M.: Weekends

Linda Wilson

Nancy Winder

CLASSES
K

Tom Anderton
John Aveiro
Janet Bain
Barb Baldwin
Ken Baldwin
Tom Ball

Tom Ballantine
Bill Barklay
Lloyd Bentley
Frank Bergougnou

Jeff Billingsley
Warren Boate
Wendy Boate
Lynda Bolen
Larry Bowers

Scott Brooks
Chris Brouwer
Stasi Bush
George Butlin
Mike Camenzuli

Deanne Campbell
Rob Campbell
Dan Channer
Carolyn Chesney
Bob Cherniak

John Church
Terri Clarke
Mark Cleland
Kevin Coffin
John Cosens

Allan Coulter
Peter Craig
Sandra Craig

Richard Craib
John Creighton
Lynn Cumming
Mike Dalglish
Tom Davenport
Karen Denomy

Kurt Dewland

Sandra Difederico

Darrell Donkervoort

Jo-Ann Donkervoort

Chuck Dowswell

Dean Dryburgh

Tim Dupee

Chuck Durham

Stephen Egelton

James Eldridge

John Ereaux

David Evans

John Faust

Denis Feltrin

Jim Ferguson

Karen Ferguson

Dan Field

Lois Fitton

Mark Ferris

Jim Gallagher

Larry Gard

Josephine Garrity

Gordon Gauld

Tom Geoghan

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John Glennie

Ed Greenwell

Helen Gregson

Dino Guerra

Jerry Hartford

Hemrich Reinhold
Steve Hendry
Warren Heppner
Bryan Heycock
Phil Hill
Paul Higgins

Rob Hodgins
Karl Hoener
Margaret Holland
Peter Holloway
Linda Howard
Rob Hudson

Laurie Hull
Angus Hunter
Brian Jeffs
Brian Johnson
Paul Johnson
Scott Jolliffe

Vic Kaprusiak
Kathy Kennedy
Holly Kinchlea
Vern Kits
Paul Knowles
Jennifer Ladds

Spencer Laing
Jill Laker
Michael Lancaster
Mark Lawrence
Jan Lefcoe
Tracy Levitt

Martin Lievre
Vicky Loonstra
Jerry Low
Peter Lunn
Gail Males
Chris Manherz

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Wendy Martin
Valerie Martinello
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Jim McCutcheon
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Gary McGuffin

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Tom McInnis
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Janet McTavish
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Jenny Morningstar
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Don Owen

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Greg Picard
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Sandy Pringle

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Linda Resendes
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Sharon Samways
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Mark Scott
Maury Seguin

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Karen Sinker

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Lesley Smith
Becky Smyth
Joan Smyth

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Helen Spooner
Doug Stevenson
Wendy Stewardson

Janna Stirling
Dave Stoyanovich
Mark Studenny
Cathy Suzuki

Peter Swartman
Steve Talman
George Taylor
Laura Taylor
Dan Thompson
Ron Thompson

Cindy Vallance
Mary Ann VanBoheemen
Glen Veitch
Amanda Vincent
Becky Vogan
Scott Watson

Andy Webster
Katrin Wiesendanger
Cindy Widdington
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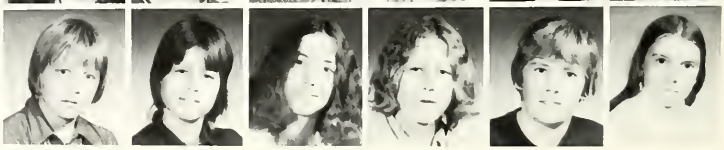
Robin Wilson



Steve Anderson
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Nick Assiovras
Al Audette

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Graham Bancroft
Randy Banks

Dianne Bannon
Chris Barton
Rob Beaune
Bonnie Beck

Jane Bentley
Cheryl Benton
Rob Benton
Diana Bindner
John Bishop

Willy Blair
Doug Boate
Mike Bolen

Robert Borshell
Laura Boudreau
Danny Boulianne
Dave Boyd
Steve Boyd

Wendy Boyd
Nicola Brough
Kathryn Brown

Dean Buist
Marcella Butlin
Debbie Campbell
Jim Campbell
Brian Carson
Phil Case

Dave Chapman

Judy Chatfield

Dave Chilman

Anne Chowen

Allan Coleman

Simon Coles

Al Cook

Bruce Cookson

Mike Connor

Pete Croden

Bill Courneya

Diane Cronk

Heahter Cox

Sue Cunningham

Dave Creagmile

Cheryl Curran

Darlene Crisp

Steven Davey

Wayne David

Cathy Davis

John Davis

Sandra Davis

Brian Denstedt

Greg Denstedt

Mary Dennis

Brock Dermo

Jayne Dickieson

Gord Dieroff

John Dinsdale

Chris Di Pietro

Jim Dixon

Bill Downie

Nora Dowler

Gail Doan

Bruce Durrer

Ken Dunne

Vince Dunleavy

Jim Dunkin

Shari Evans

Donna Evans

Mary-Ellen Fetterly

Mark Essak

Rich Flake

Gary Emeny

Les Forster

Sue Elgie

Mike Frank

Scott Edwards

Laurie Gedge

Tim Geoghan

Russel Giddings

Beverly Giilk

Randy Gonser

Terry Gonser

Steve Grahame

Lesley Grant

Peter Groom

Jeff Haggs

Glenna Harte

Chris Hastings

Karen Hazelwood

Mich Hendy

Jody Heycock
Steve Hill
Sheila Hodgins
Kathy Hodgson

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Paul Hornick
Art Ings
Trudy Ings

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Anne Jordan

John Kavanagh
Paul Kennedy
Kim Kerr
Dave Kirton

Deborah Koops
Sonya Kopse
Scott Lazenby
Joanne Leslie

Sherry Levitt
Kathy Lewis
Ellen Liabotis
Anna Linden

Donna Little
Tony Long
Nellie Loonstra
Anna Lorcini

Dawn Loscombe
Nina Lowes
Pete Luney
Amy Lynch

Bob Manning
Al Martin
Steve Martin
Mark Martinello

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Paul Mayberry
Laurie MacNeill
Debbie McArthur

John McClelland
Paul McFarland
Karen McGill
Pete McInnis

Janice McMurdo
Jeff McMurdo
Dave McMurray
Tom Meads

Nancy Menard
Sherri Menard
Renee Michalcewicz
Dan Miller

Lawrence Mizzi
Rick Moll
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Mary Newman
Linda Nickle

Mark Nielsen
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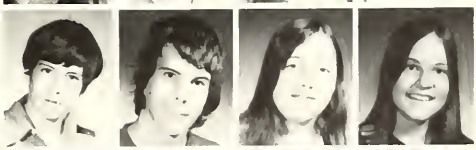
Patti Oudshoorn



Georgia Parry
Kathy Payne
Monique Pelletier
Kathy Peters

Zoe Phelps
Roger Piper
Scott Porter
Laurel Potter

Pam Preston
Steve Price
Cam Purdon
Duncan Purkis
Alan Quinn
Mark Ritchie

Janet Redgwell
Corey Reeve
George Robinson
Paul Robinson
Steve Rolland
Cathy Rourke

Evelyn Ruda

Geoff Scholes

John Senay
Damain Sequin
Jeff Shamas
Sandra Shelstad
Pam Shewan
Bonnie Smith

Cary Smith
Cindy Smythe
Lynn Snelling
Theresa Soares
Judy Sperling
John Stan

Jim Stevenson
Bill Studzienny
Leslie Studzienny
Cathy Subasic
Vince Sullivan
Nancy Swartz

Gail Taylor
Dave Tate
Ken Taylor
Irene Toth
Tammy Tutty
Neil U'ren

Malcolm Urqhart

Barb VanHorne

Vicki Van Slyke
Pam Vecchio
Sue Walker
Colin Watkinson
Moray Watson
Joanne West

Karen Wild
Mike Wilkins
Brett Willeit
Carol Wilson
Rob Wonnacott
Tom Zentner

Jim Abey
Gayle Aitkin
Elizabeth Anthony
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John Baratta

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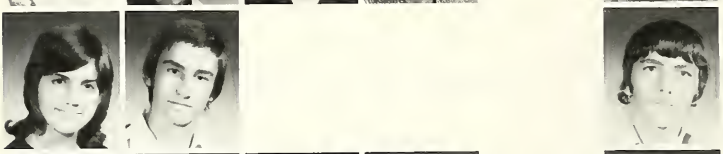
Doug Billson
Alan Bjornal
Margery Boyd



Bev Brehaut
Al Brent
Bill Brooks

Craig Brown
Mike Brown
Steve Burley
Gail Butcher
Dan Campbell

Nanci Carson
John Cartier

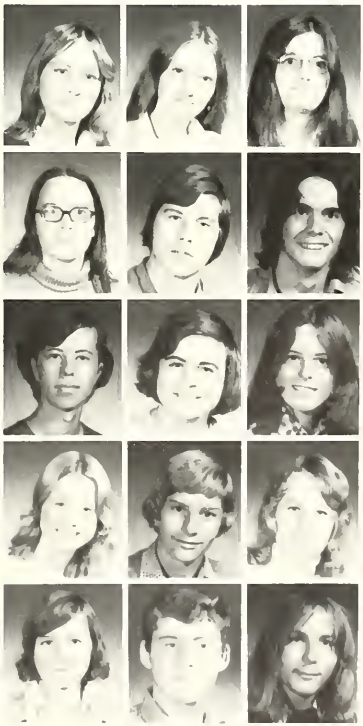
Sue Cartwright
Brian Chatfield
Reuben Chelladurai
Yvonne Chenier
Ted Chesney
Rick Chowen

Gerry Churchwell
Dianne Clement
Rob Cordell
Tom Coulter
John Coursolle
Andy Cosens

Dan Craig
Marty Cramer
Bob Cronin
Doug Currie
Scott Davies

Ken Dickinson
Rob Dieroff
Rob Dowler
Tom Drennen
Kim Dueland

Diane Dunlop
Laura Dunlop
Mary Ann Dunlop
Bruce Dunn
Jane Ereaux



Jan Faulkner
Ruth Ferguson
Cheryl Fisher

Maureen Ford
Garry Fraser
Mike Gebauer

Brad Gedge
Paul Gibbons
Patty Goodwin

Eileen Gow
John Grant
Diana Grealy

Nancy Greene
John Greenwell
Pat Harris

Mike Hawk
V. J. Hayes
Anne Healy
Tony Healy
Pete Hockmann
Carol Holland

Phil Hooper
John Hoos
Alex Hotimsky
Blake Hudson
Nick Hudson
Tom Jacob

Lori James
Kim Johnston
Paul Kennedy
Sharon Kennedy
Debbie Kerr
Wolfgang Kopping

Brian Knoll
Roy Knowles
Dave Krupka
Keith Laker
Mike Langford
Kathryn Leigh

Shelly Lemard
Monica Lemke
Matt Linden
Wendy Linton
Bob Magee
Al Maguire

Brenda McHardy
Jack McKay
Dave Maltby
Sue Marino
Wendy Mason
Bill Mathers

Jan Mathers
Andy Meighen
Rick McClelland
Dave McColl
Bill McGee
Carol McKenzie

Mike McKinley
Lynn McKnight
Terry McTavish
Scott McVittie
Arlene Millar
Steve Mitchell

Wayne Mitchell
Brett Morritt
Barb Murray
Scott Newman
Greg Nielson
Sonia Nielson

Bob Parker
Bryan Pearce
Leanne Pepper
Paul Pillsworth
Heather Pinell
Joel Pritchard

Martha Preuter
Jane Pyper
Charles Quigley
Anita Renneckendorf
Barb Reuber
Doug Richardson

Ted Ridgwell
Mark Riedl
Judy Robinson
Tim Romard
Glenda Rooks
Paul Ruffell

Rob Rusland
Laurie Scaldwell
Doug Seneshen
Liz Service
Sandra Shewan
Jay Sinclair

Lenard Sinclair
Mike Sinclair
Fred Smith
Garry Smith
Jane Smith
Marieve Spooner

Phil Squire
Duncan Stauth
James St. Clair
Chris Steeves

Cathy Stevenson
Steve Stewardson
Steve Stoyanavich
Mike Suzuki

Barb Swartman
Evelyn Symonds
Chris Tate
Kathy Thompson

Brenda Vallance
Diane VanDongen
Tim VanBelois
Doug Virtue

Doug Vivian
Heather Vogan
Doug Walford
Dave Walker

Mary Helen Walsh
Stewart Wand
Gayle Watson
Bruce Webb

Doug Wheeler
Dana Williams
Derek Wilson
Doug Wilson

Paula Winder
Fred Wolfbauer
Gord Woods
Karen Zubyck

Judi Leigh
Reg Leland
Chuck Leonard
Becky Link
Rosaleen Lorimer
Lori Lowes

Leon Lucas
Wendy Lucas
Shona Magee
Brian Maguire
Bruce Marshall
Cam McGill

Brad McInnes
Joan McKinley
Mike McLean
Suzanne McLurg

John McMacken
John McNair
Brian Merry
Mary Michalcewicz

Steve Mielczarek

Russ Murray
Mike Miletich
Tom Morrison
Ted Mountain
Jim Nicholson

Mark O'Connor
Ellen Palser
Mark Poole
Debbie Price
Melanie Preston

Geoff Pulford
John Pyper
Fran Robinson
Mark Robinson
Ken Rolland
Pam Rule

Brock Argyle
Glen Armstrong
Mary Anne Aziz
Linda Bain

Lesley Bancroft
Sylvia Bass
Bill Baynton
Ralph Bitners

Brad Black
Bob Bloxam
Louis Bouchard
Dave Brown

Lise Butts
Lynne Byfield
Steve Cameron
Doreen Campbell
Nancy Campbell
Vic Cherniak
Fraser Chute

Gill Clark
Agnes Coleman
Mike Constable
Maureen Cookson

Sherry Cotton
Jean Cox
Mark Crozier
Cathie Cunningham

Lori Cutsey
Corey Day
Pete Dawson
George Demakos

Sue Denstedt
Paula DiFederico
Dave Dilkes
John Doan

Carla Does
Caren Donkervoort
Carey Donkervoort
Nanci Downie

Heather Dryburgh
Cathy Dunne
Bev Dutton
Dave Elgie

Cindy Elliott
Beth Ereaux
Abby Faibish
Sue Fairburn

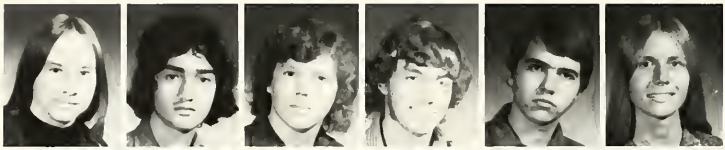
Stacey Farley
Margo Falls
Janice Feere
Kathy Feleki
Mike Ferris
Debbie Fisher
John Fritz

Frank Fodemesi
Cathy Fuller
Barbara Giilck
Kerry Gilmartin

Brenda Gonder
Tom Gonyou
Stella Gronsky
Paul Harris

Brad Halvorsen
Joe Henry
Debbie Hill
Ken Hill

Luann Huber
Sandy Hunter
Leanne Inch
Cindy Jacques



Cathy Jenkins
Sajeev John
Dave Jones
Dave Jordan
John Kerkhof
Ann Kingsmill

Donna Jean Kipp
Robert Kralka
Gunnar Krause
Pete Kvas
Cathy Lawrence
Mark Schmidt

Steve Schnore
Diane Senay
Don Shaw
Megan Shelstad
Kirby Shieck
Tom Smart

Dave Smith
Dennis Smith
Jan Smith
Anne Somerton
Eydie Sperling
Geoff Stevenson

Judy Suchard
Sharon Sukava
Elaine Sutherland
Heather Swartz
Liv Talman
Pat Taylor

Leslie Tomaso
Nancy Tompsett
Alain Tuchmaier
Jacqueline Vanderwel
Steve Voigt
Lesley Watson

Lynne Watson
Chris Webster
Laura Wild
Doug Wilkins
Frank Wilkins
Lawrence Williamson

Casey Wolfe
Cathy Woodhouse
Doug Wonnacott
Gayle Woods
Dale Yoshida
Mary-Helen Zalewski

Kim Agar
Angela Ager
Susan Baynton
Rick Beharrell
Chris Block-Hansen

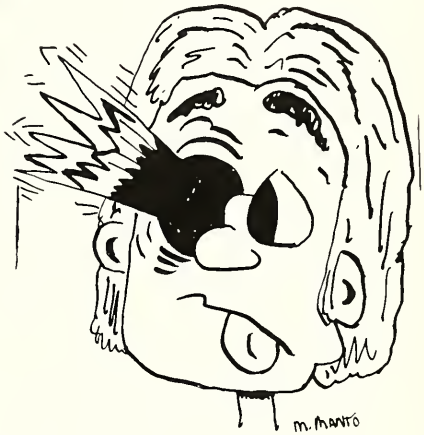
Wayne Bowron
Gerry Cauchi
Yvonne Chenier
Garry Clement
Laura Collyer

Cathie Cunningham
Rolfe Denda
Laura Dunlop
Ernie Eberhardt
Claire Eldridge

Diane Garber
Terry Gould
Mary Hawthorne
Tom Harvey
Jody Heycock

Trudy Ings
Carol Jephson
Dave Jordan
Jane Lefcoe
Jerry Leland

Amy Lynch
Cheryl Lynds
Steve Mahon
Jan Mathers
Mike McDonald



Tina McKeown
Andrea Morrison
Mark Miletich
Chris Orford
Bruno Pacheco

Zoe Phelps
John Poag
Shannon Purdon
Julie Reynolds
Anne Rutherland

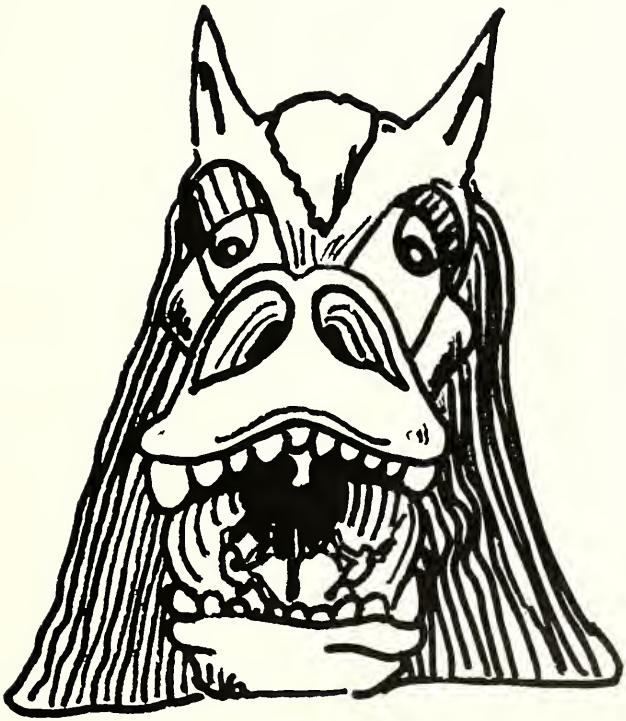
Paul Sansone
Blair Sinclair
Donna Simpson
Gail Smith

Becky Smyth
Chris Steeves
Steve Stoyanovich
Bill Strybosch

Martin Strybosch
Mary Ann Strybosch
Barb Swartman
Kathy Thompson

Sue Toth
Peter Vandertuin
Doug Vivian
Paul Voorheis

Marie Walker
Leslie Watson
Dave Webber
Anne Wettlaufer



ACTIVITIES

Sir Frederick Banting
Secondary School
presents

THE MIKADO

or
The Town of Titipu
by
Gilbert & Sullivan
The Mikado: Barry Smith
Nanki-Poo: Don Shaw
Ko-Ko: Carl Roy
Pooh Bah: Tom Swartman
Pish-Tush: Gord Bentley
Yum-Yum: Mary Anne Aziz
Pitti-Sing: Lori Cutsey
Peep-Bo: Linda Wilson
Katisha: Jean Alice Rowcliffe

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SENIOR BAND

1st ROW, R. to L.: N. Dunne, C. Dunne, S. Shelstad, F. Robinson, D. Hill, R. McClelland, L. Watson, B. Cordell, B. McInnes, S. Cope. 2nd ROW: A. Scott, N. Brough, S. Bass, A. Jordan, D. Campbell, P. Goodwin, J. Craig, K. Zubyk, G. Schram, L. Scaldwell, J. Grant, B. Cronin, P. Mitchell. 3rd ROW: J. Suchard, J. Dickieson, B. Nediger, B. Dunn, R. Gonser, T. Swartman, A. Buechler, M. Watson, D. Little, P. Hooper, M. Ford, J. Robinson, L. Inch, G. Watson, J. Smith, S. Kennedy. 4th ROW: D. Shaw, J. Campbell, P. Harris, T. Zentner, S. Mitchell, M. Urquhart, E. Grainger, S. Davey, K. Baldwin, R. Thomas, C. Day, K. Dunne, C. Roy, D. Miller, R. Cordell, S. Hill, M. Suzuki. 5th ROW: S. Little, J. McClelland, T. Meads, D. McMurray, S. Porter, B. Morritt, B. Smith, T. Geoghegan, F. Chute.

INTERMEDIATE BAND

1st ROW, L. to R.: J. Gallagher, S. Meads, D. Crisp, A. Jordan, Mr. Miller, B. Cookson, T. Geoghegan, K. Hodgson, K. Leigh. 2nd ROW: B. Baldwin, J. McTavish, R. Wilson, L. Grant, G. Smith, B. Schram, J. Schmidt, T. Ball, S. Brooks, C. Widdrington, A. Coulter, G. McGuffin, M. Cookson, R. Banks, P. Groom, J. Lefcoe, J. Pyper, J. Stirling, H. Gregson. 3rd ROW: C. Wilson, K. Ferguson, P. McFarland, M. Marinello, M. Stewart, C. Suzuki, G. Gauld, A. Quinn, D. Schofield, J. Ballantyne, R. Cordell, K. Baldwin, J. Smith, T. Ballantine, G. Denstedt, C. Durham, J. Leith, W. Boate, P. Hochmann, B. Dunn. 4th ROW: D. McColl, P. Swartman, T. Meads, D. McMurray, S. Davey, M. Rogerson, S. Price, B. Pearce, P. Martin, S. Jolliffe, J. Campbell, T. Zentner.

MIXED AND JUNIOR GIRLS' CHOIR

BACK ROW, L. to R.: G. Bentley, P. Dawson, R. Faulkner, J. McKay, D. Smith, V. Kitts, P. Kennedy, J. Ereaus, M. Essak, D. McColl, D. Shaw, Mr. Milhausen, B. Glover, Mr. Knieram, J. Baeker, D. Virtue, B. Eaman, B. Studzienney. MIDDLE ROW: J. Faulkner, D. Hore, S. Clark, J MeKinley, G. Aitken, L. Bain, L. Wilson, H. Vogan, M. Johnson, L. McKnight, S. Kennedy, H. Dryburgh, C. Dunne, H. Craig. FRONT ROW: M. Aziz, N. Winder, M. Shelstad, B. Reuber, A. Michelis, C. Cunningham, A. Patchet, S. Gronsky, L. Cutsey, N. Carson, A. Magee, J. Hewson, D. Hill. PIANO: S. Little, Mrs. Mennill.

1st ROW: Marsha Johnson, Mrs. Mennill. 2nd ROW: Anna Linden, Cheryl Curran, Donna Eveans, Barb Baldwin, Mary Newman, Datrin Weisendanger, Becky Vogan, Kathryn Brown, Jane Lefcoe, Gail Males, Lynn Cumming, Karen Sinker, Beth Austin, Lathrym Leigh, Sheila Hodgins. 3rd ROW: Sonya Kopse, Lucinds Kits, Mary Wllen Fetterley, Diane Cronk, Helen Gregson, Karen Hazelwood, Laurie MacNeill, Nicola Brough, Kathy Hodgson, Gail Smith, Judy Sperling, Valerie Patten, Leanne Pepper, Mary-Helen Walsh.

FRED'S FOLK AND MUSIC COUNCIL

1st ROW: Marsha Johnson, Vern Kits, Sharon Little, Mrs. Mennill. 2nd ROW: Pere Dawson, Janice Craig, Anne Patchet, Dave McColl, Barry Smith, Megan Shelstad, Don Shaw, Lori Cutsey. 3rd ROW: Jan Faulkner, Gord Bentley, Bill Studzienny, Linda Wilson, Allan Bjorndal, Nancy Winder, Dave Smith, Mary Anne Aziz.

Gord Bentley, Gill Clark, Sheila Cope, Sharon Little, Sylvia Bass, Bruce Cordell.

ASTRONOMY CLUB

Mr. Stewart, Ken Dunne, Paul Gibbons, Steve Burley, Nancy Dunne, Kevin Coffin, John Ereaux, Nick Assiouras, Rob Teleritch, Bob Kralka, John McMacken, Paul Merkly. ABSENT: Rob Wilton.

CAMERA CLUB

Mr. Bondy, James St. Claire, Brian Knoll, Scott Newman.

CHESS CLUB

Dave Brown, Paul Higgens, Jean Alice Rowcliffe, Mike Ruzuki, Dave Krupka, Doug Billson, Sajeev John, Mr. Reid. ABSENT: Derek Wilson, Nilabh Chaudhary.

EMPORIUM STAFF

BACK ROW: Brian Merry, Scott Brooks, Doug Wheeler, Mr. D. Fox. FRONT ROW: Gail Doan, Nina Lowes, Holly Kinchlea, Joanne Lesley, Mich Hendy, Patty Oudshoorn, Debbie McArthur, Sonya Kopse.

GRAPHIC ARTS CLUB

Brad McInnes, Scott Jolliffe, Mike Rooney, Pete Swartman, Tom Ballentine, Bob Kralka.

JUDO CLUB

Left to Right: Mr. Stewart, Bill Glover, Nancy Dunne, Steve Boyd, John Pritchard, Nancy Tompsett, Jean Alice Rowcliffe, Mary Ann Strybosch, Nick Assiouras, Mr. Hartsell.

RADIO BANTING

FIRST ROW: Mr. Schell, Jean Alice Rowcliffe, Heather Vogan, Mike Dalgish, Scott Newman, Corey Day, Buce Dunn, Peter Hockman, Russ Cooper, Leslie Tratsan, John Creighton. SECOND ROW: John Cavanagh, Roger Thomas, Bumo Pacheco, John Poag, Tom Zenter, Brian Knoll, Scott Davies, Robert Faulkner, Jerry Hartford.

RIFLE CLUB

Left to Right: Mr. Kennedy, Bill Brooks, James St. Clair, Scott Jolliffe, Paul Kennedy, Scott George, Mike Rooney, Steven Davies, Dan Miller, Ken Dunne, Dave Chapman, Brad Jolliffe.

SOUND AND LIGHT CREW

1st ROW: Scott Newman, Austin Allen, Randy Banks, Corey Day. 2nd ROW: Brian Knoll, Steve Davey, Randy MacDonald, Matt Linden, Bruce Pacheco, Mr. Dickson.

SKI CLUB

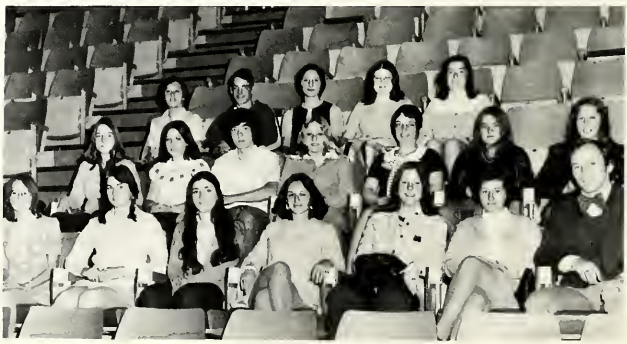
1st ROW: Mr. Officer, Martha Prueter, Cathy Davis, Cathie Harris, Brenda Gonder, Cathy Fuller, Lynne Watson. 2nd ROW: Kim Kerr, Marcela Butlin, Nora Dowler, Barb Van Horne, Peggy Barnes, Jane Ereaux, Becky Smythe. 3rd ROW: Rob Cordell, Bruce Marshall, Mike Dalgish, Rob Dowler, Don Craig, Matt Linde Chris Morris, Peter Craig, Craig Brown.

A.R.O.

1st ROW: John Schmidt, Scott Jolliffe, Randy Banks, Bruno Pacheco, Mike Suzuki, Steve Davies, John Faust. 2nd ROW: Paul Kennedy, Brad Jolliffe, Bill Kinchlea, Brian Knoll

TRAVEL CLUB

1st ROW: Cathy Subasic, Tammy Tutty, Leslie Tomaso, Stella Gronsky, Maureen Hider, Dasa Gronsky, Mr. M. Milhausen. 2nd ROW: Linda Bain, Sue Denstedt, Tom Smart, Holly Kinchlea, Mrs. S. Mennill, Kathy Brown, Sue Walker. 3rd ROW: Carla Does, Jack MacKay, Sue Cartwright, Luanne Huber, Shona Magee. ABSENT: Cathie Cunningham, Nancy Carson.



RETINA

1st ROW: Tom Smart, Heather Vogan, Elizabeth Grainger, Sharon Little, Anne Marie Smart. 2nd ROW: Scott Newman, John Poag, Don Shaw, Robert Faulkner.

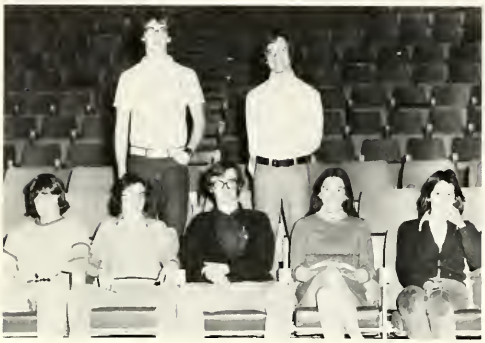
REACH FOR THE TOP

Mr. Reid, Cam Purdon, Chris Webster, Steve Sehnore, Nick Hudson.

COMPUTER CLUB

FIRST ROW: Wendy Boyd, Shelley Leonard, Nancy Green, Carla Does, Marjorie Boyd, Mrs. Nakamura. SECOND ROW: Paul Pillsworth, Jerry Low, Gordon Gould, Frank Selbo, Gary Fraser. ABSENT: Tim Kingsmill, Annett Daleswell.

SOCIAL ACTIVITIES



BACK ROW: Mike Thompson, Mark Wettlaufer. FRONT ROW: Roger Piper, Dave McColl, Scott McTaggart, Chris Webster, Alex Hotimsky.

"Bottoms up."

"Streaker strikes again."

"Golf anyone?"

"And we've only just begun."

"London Penitentiary"

E.C.C.

FRONT ROW: M. Wettlaufer, Pres. 2nd ROW: Executives, E. Grainger, D. Jordan, A.M. Smart, N. Winder, L. Cutsey, S. Little. ABSENT: M. Thompson, L. James. 3rd ROW: B. Knoll, K. Kerr, B. Van Horne, L. McNeill, G. Cauchi, S. Bass, M. Preuter, R. Lancaster, B. Webb. 4th ROW: B. Pacheco, A. Somerton, K. Davis, C. Harris, C. Holland, B. Swartman, Y. Chenier, G. James, K. Thompson, L. Snelling, J. Connors. 5th ROW: R. McDonald, S. Davies, J. Hartford, J. Creighton, T. Zentner, K. Dunne, B. Kinchlea, B. Merry, C. Day, R. Piper, N. Assiouras, D. McColl, C. Brown.

PRESIDENT'S MESSAGE

Are you ready for the world of tomorrow?

We all realize that change is upon us at an ever increasing rate. Just living day to day is going to become more complicated. In order to meet the pressures of the changing world it is important that we learn how to adapt and survive these mounting pressures before they overcome us.

In these space age days of science and technology we can look forward to less physical work resulting in deterioration of the body. At the same time stresses on our physical capacities will increase. The result may well be ulcers, heart conditions and ultimately death!

This does not mean that you have to sign up for the football team but that you engage in some form of physical recreation that is enjoyable to you such as tennis, swimming, jogging etc. This will improve your level of physical fitness, ease the daily pressures, and improve your mental outlook.

In trying to develop a mental attitude which will enable us to cope with increasing pressures we must develop a system of self renewal: a process in which we continually evaluate ourselves and improve upon what we see. When we do this we look at our "frames of reference", try to enlarge upon parts of it and develop other parts. As we mature we tend to get into a narrow rut simply because we are creatures of habit. Also as time changes the methods, talents and habits that we have acquired may become outmoded. This is happening in jobs where mechanization has taken over. Already the computer has taken over thousands of clerical jobs. This will continue at an ever increasing rate. Ergo we must broaden ourselves by developing a wide variety of interests in order to be able to readily adapt to change. We cannot afford to leave this to chance. It is too easy to fill our lives with so many things, that we do not probe the world outside us. We must not be afraid to try new experiences. Failure may result at first but some measure of success is sure to follow. Thus in order to adapt we must use this process of self renewal.

In closing I have a challenge for you. If we as students let ourselves be indoctrinated with an elaborate set of fixed beliefs and methods, we are ensuring our early obsolesence. Thus we must develop skills, attitudes, habits of mind and the kinds of knowledge that will be instruments of continuous change and growth on our poar. Then and only then will we have forged a system that provides for our continuous adaptation and survival in our ever changing environment.

Mark Wettlaufer

Mark Wettlaufer

YEARBOOK

1st ROW: Becky Reuber, Anne Patchet, Janet Wilson, Editor; Cathie Harris, Anne Marie Smart. 2nd ROW: Sue McLurg, Pam Laurence, Vic Cherniak, Mr. Milhausen, Staff Advisor; Tom Smart, Scott Newman, James St. Clair. 3rd ROW: Peter Kvas, Mary Ellen Fetterly, Kathryn Leigh, Sue Elgie, Wendy Linton, Carla Does, Don Shaw, Anita Bacigalupo.

It is impossible to say anything about this edition of "Straight From The Horse's Mouth" without first mentioning the Artwork of Jim Kipp who designed the cover and title pages and also the photographs of Scott Newman. Without these there would be no book at all. Thanks must also go to those who had the tedious job of writing names, list after list and those doing the typing because without the great help of these people the book would never have reached completion.

Being editor during my last year at Banting certainly kept me busy. The late night meetings were not as frequent this year but the afternoons near deadlines were quite frantic. We were kept going at all times; during the exam week and of all times at 4:00 in the morning at the dancethon. But it would be a great mistake to say it was not worthwhile, it certainly was enjoyable. The great staff this year was always in good humour and our advisor, Mr. Milhausen was a terrific help at keeping our spirits high.

It is not an easy job, creating a yearbook, but it is very rewarding to see the finished product. It is for this reason that I give my sincere thanks to those who were at all involved with this year's edition and I hope it is as great as all our other yearbooks of the past. Also I must extend good wishes and luck to those on the staff next year - you'll need it!

Janet Wilson
(Editor)

Janet Wilson

A YEARBOOK

NEVER FORGETS

Mr. Milhausen

SPORTS

1973 TRACK AND FIELD TEAM

Once again, the team was characterized by a strong all-round performance. With most members returning, this fine team showing should be repeated.

A commendable and enjoyable season for all.

COACHES: Mr. Rows
Mr. Bugler

1st ROW: Scott Miller, John Senay, Pete Healy, Roger Pyper, Steve Rolland, Dave Chilman, John Pyper. 2nd ROW: Al Quinn, Bruce West, Cam McGill, Dave Round, John Greenwell, Carl Roy, Wayne Mitchell, Dave Jordan. 3rd ROW: Mr. Rows, George Demakos, Rob Wonnacott, Bill Nedigar, Mike Preuter, Chris Barton, Tom Meads, Terry Gonser, Randy Gonser, Steve Irvine, Mr. Bugler.

VOLLEYBALL

The Boys' Volleyball team had a successful and enjoyable season. Although the team did not win the London Conference championship, it finished second in league standings and participated in the playoffs. It is hoped that the many young players from this year's team can continue this winning attitude. The coaching staff thanks the graduating team members who for the past four years have made the game of volleyball a competitive and exciting sport at Banting.

COACH: Mr. Mattys

1st ROW: Brian Thompson, Steve Eldridge, Rob Byfield. 2nd ROW: Mr. Mattys, Bruce Durrer, Bruce Marshall, Jack MacKay, Dave Round, Mike Lacroix, Mark Martinello, Dan Miller, Dave Walker. ABSENT: Scott Miller, Rob Buist, Jeff Haggis, Bill Glover.

CROSS-COUNTRY

For the first time in the five year history of the Boys' Cross-Country team at Banting, our membership actually increased over the course of the season. Quality, however, was not our only asset. Quality, including a first place finish in the Junior Race by Terry Gonser, and a third place finish by our midget team, was once again the mark of our Banting team.

COACH: Chris Bentley

FIRST ROW: Rob Wonnacott, Randy Gonser, Paul Robinson, Steve Hill, Tom Ball, Greg Picard, Dan Campbell, Dave McMurray, Roger Pyper. SECOND ROW: Mr. Bugler, Terry Gonser, Steve Burley, Les Forester, John Chreighton, Jim McCutchson, Kevin Asquith, Jerry Hartford, Chris Bently.

SOCCER

The soccer team this year consisted mainly of junior players. The experience gained by these juniors should produce better results next year.

COACHES: Mr. Sorton
Mr. Allen

FIRST ROW: Danny Channer, Don Owens, Ruban Chelladjrai, Mark Essak, Allan Coleman, John Ereaux, Gord Dieroff, Bill Jenkins, Jim Ferguson. SECOND ROW: Mr. Allen, Coach; Garth Howes, Kevin Asquith, Steve Borschell, Dennis Smith, Ralph Bitners, Les Studzienny, Frank Salvo, John Sinay, Pete Lunn, Mr. Sorton, Coach. ABSENT: Mark Ferris, Mike Miletich, Lawrence Mizzi, Steve Rolland.

SENIOR FOOTBALL

FIRST ROW: Scott Davies, Assistant Manager; Mike Preuter, Brad Black, Steve Stoyanovich, Mark Crozier, Chris Block-Hansen, Dave Jordan, John Cameron, Terry King, Frank Fodemesi, Pete Healy. SECOND ROW: Tom Morrison, Rob Wilkins, Frank Wilkins, Bruce Webb, Tom Drennan, Doug Wonnacott, Rick Toth, Mr. Dan Colfax, Coach. THIRD ROW: Cam McGill, Chuck Leonnard, Bill Bayton, Bill Nediger, Gord Bentley, Bob Bloxam, Pete Dawson, Tom Swartman, Steve Mitchell, Brian Maguire, Rich Beherald, Chuck Quigley, Mike Ferris, Paul McCaughey, John Greenwell, Dave Webber. ABSENT: Mike Tetrault, Manager; Mr. Bugler, Coach.

With a most exciting upset over the Saunders Sabres (7-6) at the end of the season, all the players and fans are looking forward to the 1974 season. With many players returning and excellent juniors moving to senior, the hopes of the Broncos are bright. Thanks to the players for their dedicated effort for making this building season a very worthwhile season. Good luck to our graduating players.

COACHES: Mr. Colfax (Mr. "C")
Mr. Bugler

JUNIOR FOOTBALL

Football is a SPORT and should be played as such. A sports consists of sportsmanship, team cohesion and general FUN. These ingredients were exemplified by the Jr. Broncos and I was proud of the way in which they represented Banting. With a record of two wins, three losses and one tie, the team finished one point away from a playoff spot. It was a pleasure to coach this team.

COACH: Mr. Uren

To 'E': Thanks for your time, effort and a great season.
- The Team

FIRST ROW: Mr. Uren, Coach; George Demakos, Steve Irvine, Steve Martin, Jerry Leland, Vic Cherniak, Craig Brown Al Quinn, Dave Chilman, Paul Ruffel, Chris Morris. SECOND ROW: Jeff Connors, Manager; Dave Chapman, Cam Purden, Bill Mathers, Al Brent, Steve Meads, Mark Studenny, Jim Gallagher, Rob Borschell, Doug Boate, Kevin Coffin, Paul Kennedy, Rob Cordell, Assistant Manager. THIRD ROW: Tom Meads, Chris Barton, Pete McInnes, Bill Studzienny, Mark Ritchie, Lloyd Bentley, Scott Lazenby, Vic Kaprusiak, Tom Zenter, Mike McDonald.

1st ROW: Paul Knowles, Steve Hill, John Davis, Tony Healy, Angus Hunter, Rob Hodgins, Brian Jeffs, Jeff McMurtle, Tom Ball. 2nd ROW: Frank Fodemesi, Ian Bancroft, Steve Robb, Steve Mitchell, Dave Chapman, Scott Brooks, Jim Ferguson. 3rd ROW: Weasel, Gunar Krause, Mike Ferguson, Rob Borshell, Mark Crozier, Steve Rolland, Steve Borshell, Pete Healy, Doug Virtue.

WRESTLING

The Bronco wrestlers enjoyed their most successful season ever. I hope the enthusiasm continues next year.

Coach: Eric Uren (The Weasel)

HOCKEY

With an improved record of 11 wins and 5 losses Banting placed a respectable second in the Western Division and advanced to the semi-finals. The depth and enthusiasm on this team provided many Banting students with an exciting brand of hockey.

Coaches: D. Davis, D. MacHardy.

1st ROW: Brian Johnson, Jim Stevenson, Dave Walker, Rick Toth, Paul Voorheis, Bruce Webb. 2nd ROW: Mgr. Bill Courneya, Dan Creighton, Brad Halvorsen, Joe Henry, Steve Stoyanovich, Geoff Stevenson, Mike Kightley, John Fritz, Mr. Davis. ABSENT: Mike McNamara, Cam McGill, Jim Hunter, Frank (Pinky) Wilkins, Terry King, John Baratta, Jerry Leland, Tom Jacob, Mr. MacHardy.

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FLAGG BROS. SHOES

GYMNASTICS

The boys' gymnastics teams enjoyed a successful season as their Conference Championship plaques prove. The efforts of all of these fine athletes made this an enjoyable year for me as a coach and I look forward to next year with great expectations.

Coach: Eric F. Wood.

1st ROW: Dave Jordan, Jack McKay, Mark Crozier, Jack Newbury, Steve Grigor. 2nd: Mr. Eric Wood, Brett Morritt, Scott Davies, Steve Rolland, Bruce Marshall, Al Quinn, Mark Wettlaufer. 3rd: John Dinsdale, Dave Walker, Rob Borschell, Don Owen, Pete Healy. ABSENT: Gord Dieroff, Steve Irvine.

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THE LONDON CAFE

SENIOR BASKETBALL

1st ROW: Brian (Pit) Thompson, Steve (The Beaver) Eldridge, Bruce West, Rob Byfield. 2nd ROW: Greg (Radar) Sinker, Mr. 'C', Chuck Quigley, Gord Bentley, Dave (Buzz) Round, Mike Thompson, Chuck Leonard, Dave (Herm) Webber, Tom Gonyou. ABSENT: Scott McTaggart.

"We're number one!" The Seniors brought Banting its first Senior City Championship by defeating the Lucas Vikings 42-41 in Alumni Hall.

The "platoon" system proved its value as rookies (such as Charlie Quigley, Dave Webber and Gord Bentley) and returnees (Charlie Leonard and Tom Gonyou) got to play and show their potential. Its success depended on the graduating players' confidence in it and their assistance for the younger players.

Our success can also be credited to the fun we had (the "Van" and the "Tail-End Trophies") and the leadership given to us by our captains Bruce Best (who scored with three seconds to go, to give the 42-41 score) and Steve Eldridge,(who was noted our M.V.P.).

Lastly, a great contribution to our success was our fans. I feel they are our sixth man on the court, constantly bothering our opponents with their enthusiastic cheering for our Broncos.

Personal thanks to our manager Greg "Radar" Sinker who was always efficient, one ahead of me, and an excellent assistant coach.

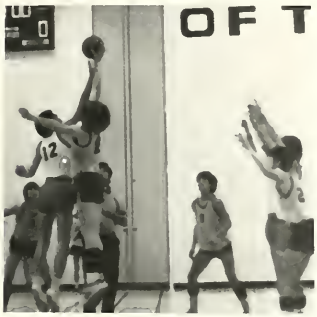
Dan Colfax
First time as a City Champion
and a very proud coach.

1st ROW: Al Quinn, Terry Gonser, Tom Meads, George Demakos, Mark Martinello. 2nd ROW: Mr. Dunlop, Kevin Asquith, Manager; Bob Cronin, Chris Barton, Bill Studzienny, Al Brent, Jerry Leland. ABSENT: Jim Campbell, Mark Ritchie.

JUNIOR BASKETBALL

The junior basketball team for 1973-74 had an excellent season with a 23-4 record. During league play, the boys won 12 games and lost none, being the only undefeated team in the city. Through fine team play, they won the London Invitation Christmas tournament by defeating the Windsor Lowe team in the final. The experience gained by many of the junior players will enhance the senior team for 1974-75.

COACH: Mr. Dunlop



MIDGET BASKETBALL

The Banting Midget Basketball Team finished the 1973-74 season with 6 wins and 1 loss in league play, for a second place finish. They were defeated by South in the playoffs to end the season with 16 wins and 5 losses over the league and exhibition schedule.

Paul Robinson was selected by the players as the team's most valuable player.

COACHES: Mr. Bushfield
Mr. Officer

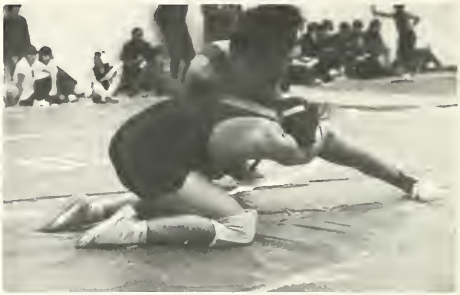
1st ROW: Terry Armstrong, Steve Meads, Rob Wonnacott, Randy Gonser, Les Forester, Jim McCutcheon. 2nd ROW: Scott Davies, Paul Robinson, Mark Studenny, Tom Zentner, Lloyd Bentley, Rob Mason, Dan Miller, Dennis Feltrin, Dave McMurray.

GOLF

Bronco golfers competed in London Conference Tournaments in both the spring and the fall. The team placed third in the Beck Invitational Tournament, with Dan Creighton scoring third best in the city. In the WOSSA Three-Round Elimination Tournament, the Broncos went two rounds before being eliminated in the sixth position. Honours again went to Dan Creighton who placed second in the city with a three-round total of 233.

Coach: Mr. W. Downing

Dan Creighton, Paul Voorheis, Dave Maltby, Mr. Downing, Bill Courneya, Greg Sinker. ABSENT: Bob Bloxam, Mike Sinclair, Joe Henry, Doug Wonnacott.



STUDENT ATHLETIC ASSOCIATION:

1st ROW: Al Brent, Mark Essak, Steve Meads. 2nd ROW: Tom Zentner, Mark Crozier, George Demakos, Mike Tetrault, Marci Brown, Dave Jordan, President; Lynne Watson, Peggy Barnes, Cindy Elliott, Ellen Virtue, Bruce West. 3rd ROW: Chris Barton, Randy Gonser, Paul Kennedy, Rob Cordell, Gill Clark, Anne Jordan, Maureen Ford, Deanne Campbell, Chris Webster, Roger Piper, Bruce Marshall, Conrad Schnoz, Tom Meads. 4th ROW: Beth Ereaux, Brenda Gonder, Kathy Feleki, Melissa Armstrong, Barb Van Horne, Laurie McNeill, Kathy Leigh, Judi Leigh, Jane Ereaux. ABSENT: Liz Grainger, President; Vic Cherniak, Greg Sinker, Scott Miller, Craig Brown, Terry Gonser, Bill Mathers, Patty McLean, Chuck Quigley, Joanne West, Linda Wilson, Rob Wonnacott, Dave Round, Cathy Fuller.

1st ROW: Phil Squire, Dan Miller, Jim Gallagher, Doug Boate, Mark Studenny, Kevin Coffin, Tom Ball, John Creighton, Steve Meads, Jim McCutcheon, Greg Picard. 2nd ROW: Steve Burley, Rob Wonnacott, Dave Chapman, Steve Irvine, Randy Gonser, Steve Martin, Dan Campbell, Bill Mathers, Tom Drennan, John Senay, Roger Piper, Steve Rolland, Terry McDonald, George Demakas, Pete Healey, Mr. Bugler. 3rd ROW: Chris Bloch-Hansen, Bruce West, Scott McTaggart, Dave Round, Craig Brown, Tom Meads, Chris Barton, Terry Gonser.

1974 TRACK AND FIELD

This school's spirit of participation showed through once again when it came to recruiting people for the track team. The quality of the Banting athlete was also evident as we had one of our most successful seasons. Such enthusiasm was exemplified by Bruce West who went to the Ontario Championships in Toronto. It was the fourth time in the last five years that Bruce has gone to O. F. S. A. A. Small wonder, then, that Bruce was Banting's outstanding athlete.

Coaches: Chris Bentley, Mr. Bugler and Mr. Rows.

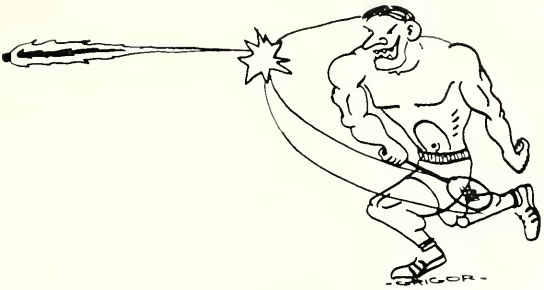
Thanks to all the coaches for their time and effort.

The Students

TENNIS

Tennis Results
Boys' Singles: Rob Lefcoe London Conference to Brian Arnold of Beal, he is 2nd in London. WOSSA: Rob came 2nd but lost in finals to Brian Arnold. OFFSA: Rob came in 2nd and lost in finals to Don Gilcrest. Boys' Doubles: Lost in 2nd London Conference round to CCH (John Doan, Alain Tuchmaier). Girls' Doubles: Chris Webster, Kathy Feleki lost in 3rd round to Westminister. Mixed Doubles: Sharon Little, John Pyper lost in 2nd round to Beck.

Kathy Feleki, Chris Webster, Sharon Little, Rob Lefcoe, John Doan, John Pyper, Al Tuchmaier.



John Pyper, Ian Bancroft, Steve Talman, Ruban ch, Frank Fodemesi, Bob Kralka, Chris Webster, Lynne Watson, Kathy Feleki, Liz Talman, Jackie Vanderwel, Linda Bain, Maureen Ford. ABSENT: Hugh, Rob Lefcoe, Al Tuckmaier, Linda Wilson.

The team's effort was highlighted by the 3 teams (Hugh Grant and John Pyper; Lynne Watson and Linda Wilson; and Maureen Ford), who qualified for WOSSA. These students represented the school with great vigour and faired excellently. Over the season, both the "A" and "B" teams made a fine showing.

Coach: Mr. Pauli

BADMINTON

SENIOR GIRLS' BASKETBALL

"A winner never quits. A quitter never wins." With such a philosophy, the senior girls' basketball team had their third winning season in a row. This year their record was twelve wins and three losses. Congratulations, girls, and remember, your philosophy can do even more for you than win basketball games.

J. Silverman.

1st ROW: Brenda Gonder, Linda Wilson, Debbie Kerr. 2nd ROW: Lynne Watson, Beth Ereaux, Jane Fetterly, Peggy Barnes, Elizabeth Grainger, Mr. Silverman. ABSENT: Lisa James, Ellen Virtue, Janet Smith.

JUNIOR GIRLS' BASKETBALL

Junior Basketball was a lot of fun this year. The girls worked hard and because of their effort were successful. The Juniors ended the season tied for fourth place. They won the playoff for fourth and then were eliminated in the quarterfinals. Next year will be a great year.

FIRST ROW: Becky Smythe, Jane Lefcoe, Joan Smith, Cathy Fuller, Joanne West, Barb Barnes, Valerie Martinello.
SECOND ROW: Doreen Campell, Maureen Ford, Anne Jordan, Wendy Boate, Deanne Campell, Judy Chatfield, Janet Redgwell, Martha Prueter, Anna Lorcini, Mrs. Bugler.

FIELD HOCKEY

1st ROW: Anne Chowen, Jacky Vanderwel, Beth Austin, Patti McLean, Carol Irvine, Anna Michellis, Mary Newman, Linda Bain, Kathryn Leigh. 2nd ROW: Claire Eldridge, Carol Holland, Cathie Harris, Claire McCaughy, Nora Dowler, Bonnie Beck, Anne Rutherford, Donna Evans, Gail McCaughy, Carol Wilson, Eileen Gow.

Banting had two field hockey teams this year. The 'A' team finished third out of ten teams in the Banting Invitational. The team travelled to Toronto for the Ontario High School Tournament and competed at Havergal College against the best teams in the province. Banting did very well against these schools. Although a strong group of seniors are graduating, there is a promising group moving up to fill their positions.

CROSS-COUNTRY

The girls' cross-country team was very successful this year. They won the city championship and each team placed well. The senior team went to WOSSA and placed second. They qualified to go to the OFSSA and placed six of nineteen.

FIRST ROW: Donna Little, Leanne Pepper, Nancy Greene, Linda Nickle, Jan Mathers, Darlene Crisp. SECOND ROW: Mrs. Rockwood, Jane Dickieson, Carol Irvine, Melissa Armstrong, Jane Bently, Mary Dennis. THIRD ROW: Leslie Grant, Kim Kerr, Kathy Davis, Cindy Widdrington, Kathy Mathers, Judy Leigh, Sandy Shelstead.

Cindy Elliot
Lisa McPhearson
Jane Fetterly
Peggy Barnes
Liz Grainger
Chris Webster
Brenda Gonder
Linda Wilson
Lynne Watson
Clair Eldridge
Linda Bain
Kathy Feleki
Jackie Vanderwel
Mrs. Buglar

SENIOR VOLLEYBALL

Senior Volleyball was an interesting experience for all this year. Every player was involved in making the year enjoyable and successful. The Seniors ended the season in fourth and were eliminated in the quarterfinals. We didn't win but we had a good season.

JUNIOR VOLLEYBALL

The junior volleyball team finished a close second to South in West Division. After initially defeating South in season play, the girls dropped three out of five close games in the finals. This year's team was very young and shows a lot of promise for a strong future.

Lucinda Kitts
Becky Smythe
Janet Redgewell
Kathey Fuller
Joanne West
Maureen Ford
Valerie Martinello
Mrs. Stewart
Anna Lorcini
Marth Prueter
Mary Ellen Fetterly
Judy Chatfield
Deanne Campbell
Nora Dowler
Gayle Watson
Doreen Campbell

1st ROW: Lynne Byfield, Anne Blackwell, Dale Yoshida. 2nd ROW: Caren Donkervoort, Angela Ager, Beth Ereaux, Judy Suchard, Cindy Jaques.

SENIOR CHEERLEADERS

This page sponsored by THE NEWS DEPOT.

1st ROW: Lynne Snelling, Kathy Lewis. 2nd ROW: Sherry Levitt, Sheila Hodgins, Sandra Price. 3rd ROW: Nanci Carson, Jane Ereaux, Laurel Potter.

JUNIOR CHEERLEADERS

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GYMNASTICS

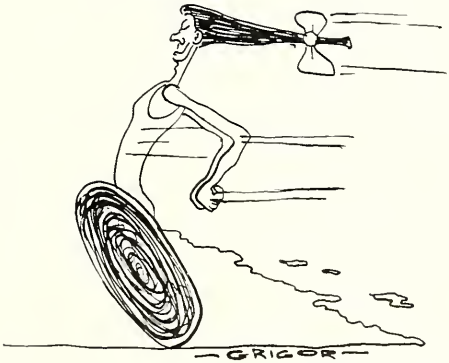
J. Leigh, D. MacArther, J. Ereaux, B. Ereaux, C. Irvine, B. Reuber, B. Smyth, D. Campbell, B. Gonder, L. Snelling, C. Curran, J. Massey, M. Newman, N. Lowes, D. Yoshida, J. McMurdo, Mrs. Rockwood, K. Mathers, L. Jarmain, K. Dondervoort, J. Ladds, L. Potter, G. James.

The girls gymnastics team had a most successful year. They won Novice, Intermediate and Elite at London West; Novice, Intermediate, and Elite at London Conference and City Championships. They also won the same three divisions at WOSSA and qualified three girls to go on to OFSSA.

1973 TRACK AND FIELD

1st ROW: J. Redgwell, J. Leigh, L. Talman, P. Winder, P. MacLean, L. Wilson, A. Buechler, J. Smith. 2nd ROW: L. Grainger, C. Irvine, B. VanHorne, C. Jacques, C. Fuller, J. West, L. Dunlop, J. Mathers. 3rd ROW: N. Dowler, K. Mathers, B. Reuber, C. Elliot, J. Ereaux, J. Bentley, H. Dryburgh, J. Smith. 4th ROW: J. Craig, B. Ereaux, K. Brent, P. Barnes, Mrs. Stewart, Mrs. Bugler, B. Gonder, E. Virtue, A. Lorcini.

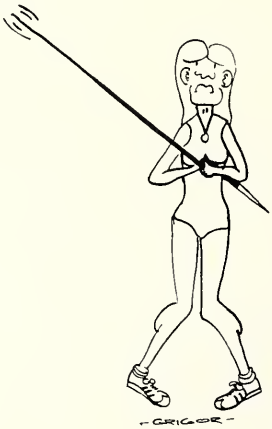
The track and field team ran into very tough competition in Western Division this year. Many girls performed very well, but we didn't win any championship. Carole Irvine, Kathy Mathers, Jan Mathers, and Jane Bentley ran in the 4 x 400 at OFSSA.



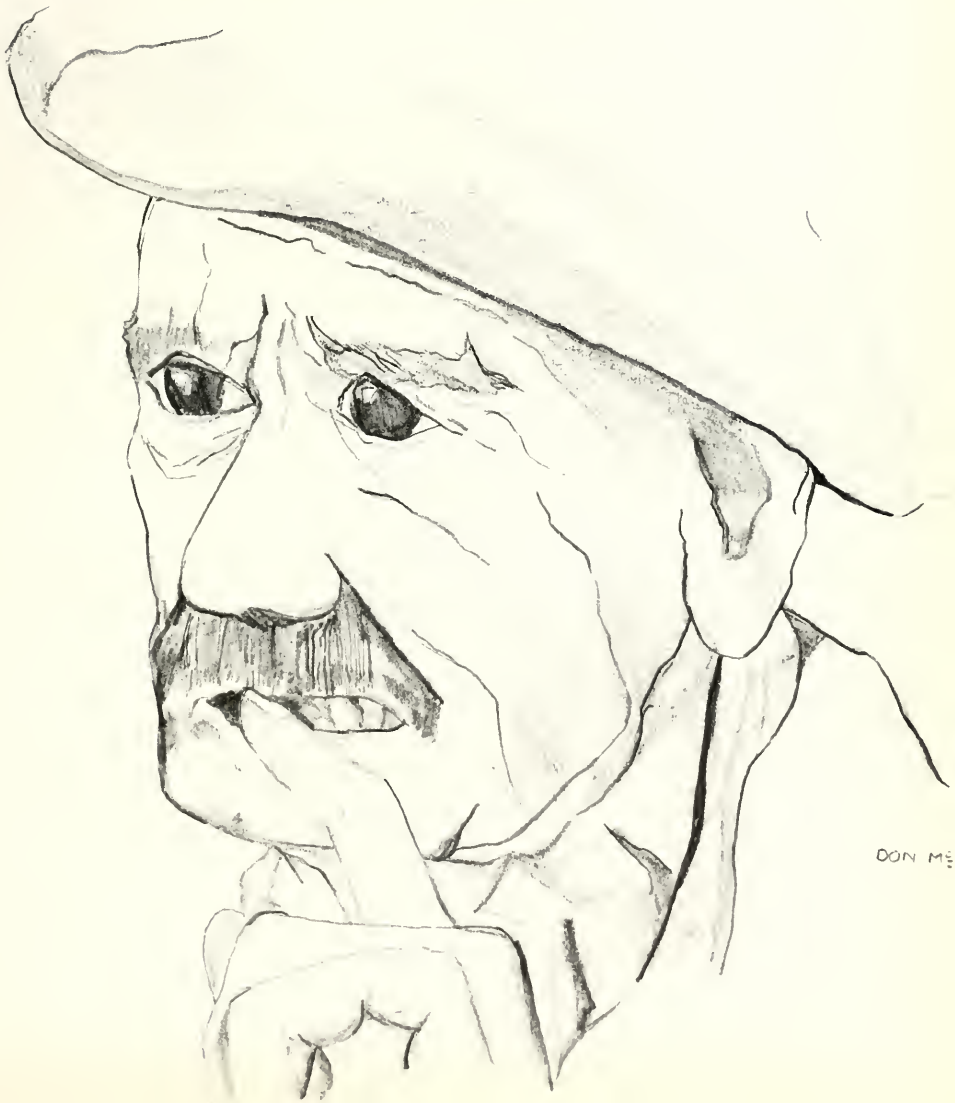
1974 TRACK AND FIELD

1st ROW: M. H. Walsh, B. Smyth, K. Ferguson, J. Leigh, J. Smith, J. Lefcoe, B. Barnes, L. Talman, J. Smith, C. Suzuki. 2nd ROW: N. Dowler, J. Mathers, A. Lorcini, W. Boate, G. Smith, J. Ereaux, M. Armstrong, K. Mathers, K. Sinker, C. Wilson. 3rd ROW: Mrs. Stewart, C. Elliot, W. Linton, V. Martinello, M. Ford, J. Bentley, C. Widdington, B. Gonder, L. Watson, P. Barnes, D. Campbell, J. Chatfield, J. Robinson, Mrs. Bugler. ABSENT: K. Brent, C. Fuller, C. Irvine.

The M.V.P. for track and field this year was also the only competitor to qualify for OFSSA. Congratulations Carole! Many other girls made excellent showings at WOSSA. The whole track and field team worked very hard and had a very good year.



ART



By The Lake Barry R. Smith

crackling leaves under feet
wind in face
on the bank
looking out
a narrow
golden
strip
on the horizon
casts its rose shadow
on the face of the deep
rippling
whispering
sighing
countenance
of the lake
keeping vigil with the sky
together the eyes of nature.

Standing
there
in the r
a
i
n

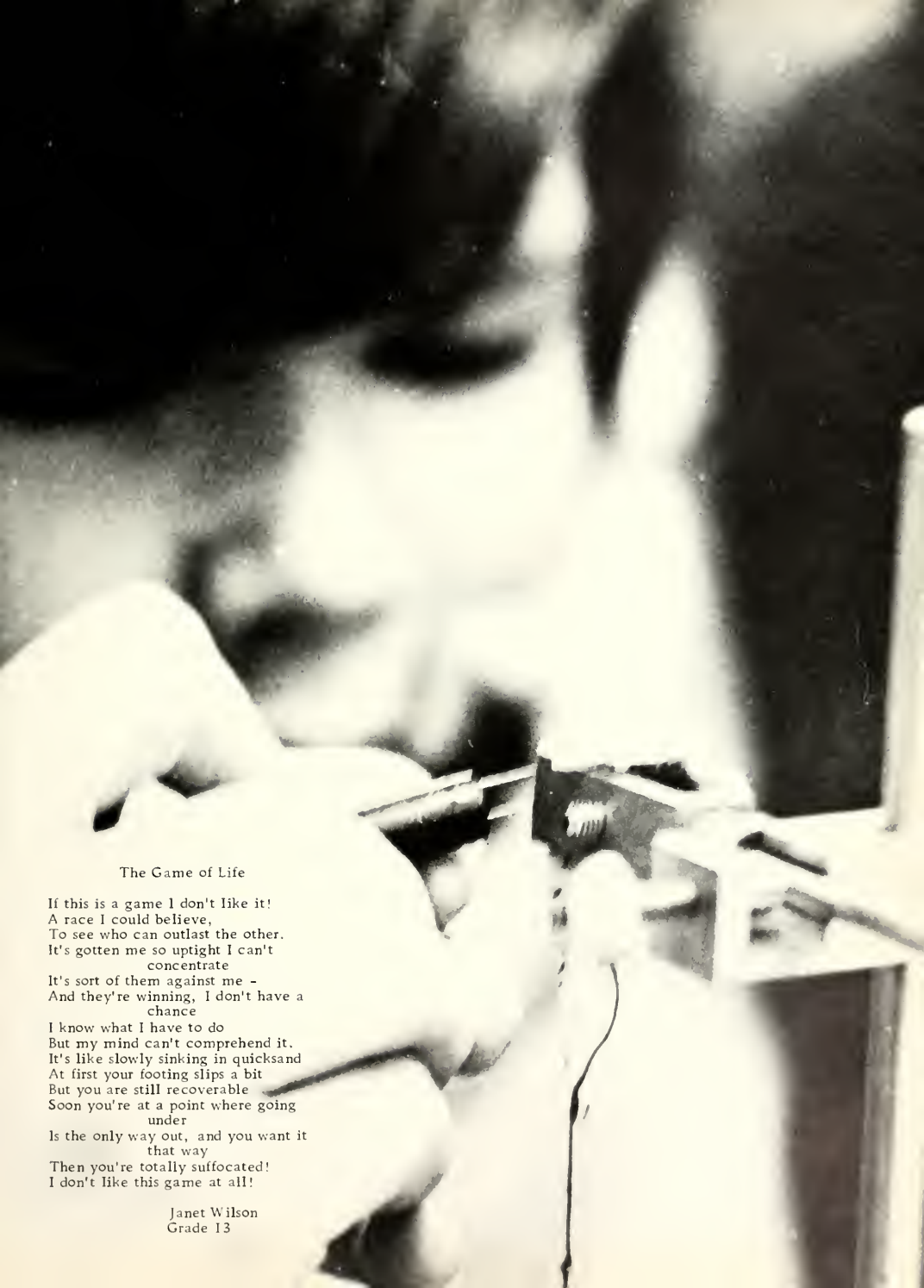
his presence
reduced
to a shadow
he looked as though
about to di
ss
ol
ve.

Doug Kirton

Poetry

In every heart
The cooing voice of a song
Sings secretly
Until the sly little poet
Snares it into words.

-Christine Spoerel

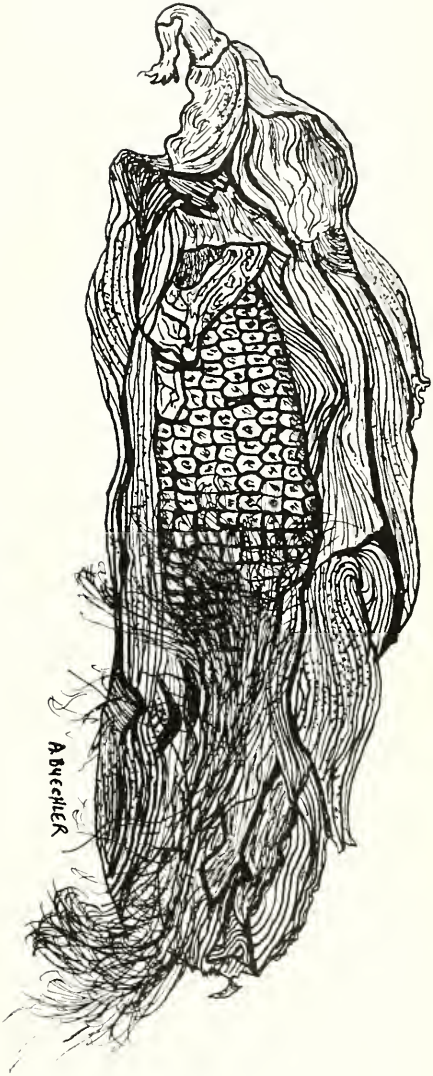


The Game of Life

If this is a game I don't like it!
A race I could believe,
To see who can outlast the other.
It's gotten me so uptight I can't
concentrate
It's sort of them against me -
And they're winning, I don't have a
chance
I know what I have to do
But my mind can't comprehend it.
It's like slowly sinking in quicksand
At first your footing slips a bit
But you are still recoverable
Soon you're at a point where going
under
Is the only way out, and you want it
that way
Then you're totally suffocated!
I don't like this game at all!

Janet Wilson
Grade 13

RAGS
RACKS
REVASSES
REATING
RUSTY
ORN
OVERED
OBS


A. BUECHLER

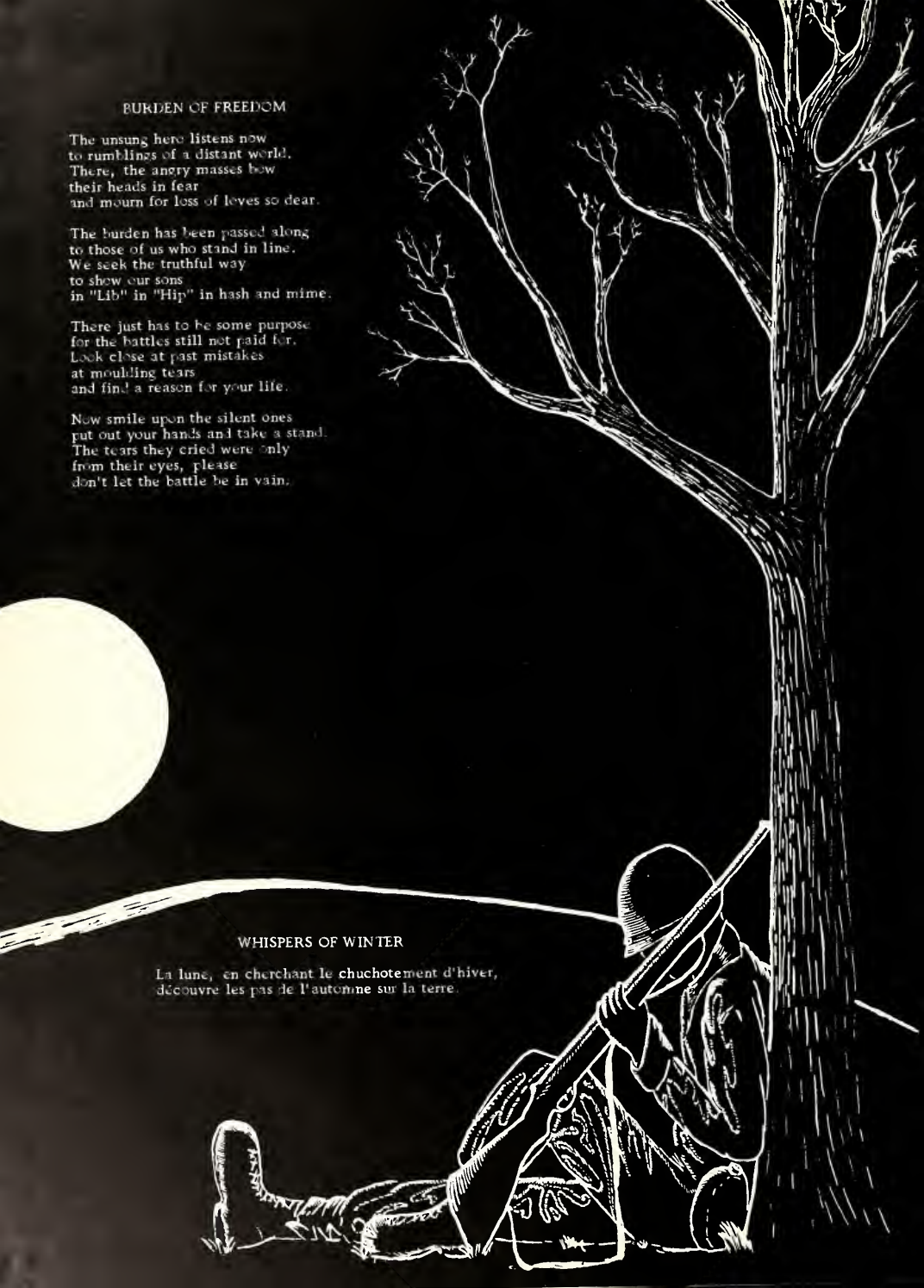
BURDEN OF FREEDOM

The unsung hero listens now
to rumblings of a distant world.
There, the angry masses bow
their heads in fear
and mourn for loss of loves so dear.

The burden has been passed along
to those of us who stand in line.
We seek the truthful way
to show our sons
in "Lib" in "Hip" in hash and mime.

There just has to be some purpose
for the battles still not paid for.
Look close at past mistakes
at moulding tears
and find a reason for your life.

Now smile upon the silent ones
put out your hands and take a stand.
The tears they cried were only
from their eyes, please
don't let the battle be in vain.



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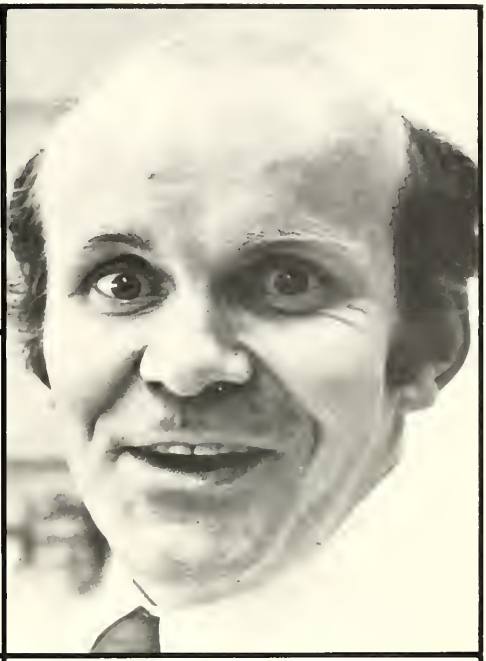

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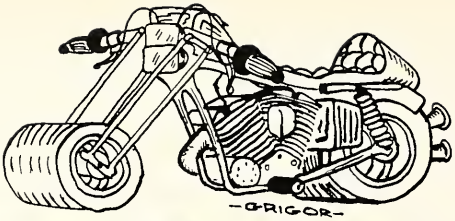
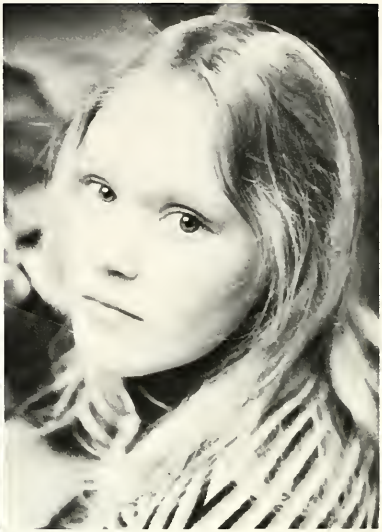
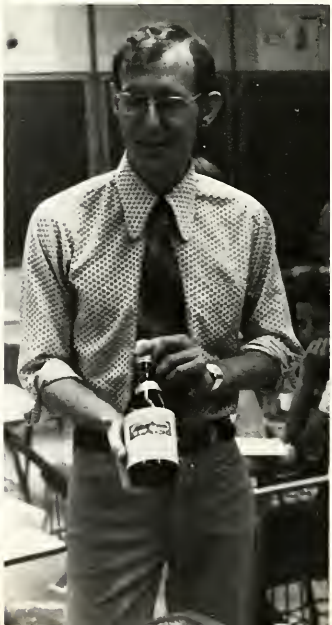




Mr. Wood's favourite derivative.



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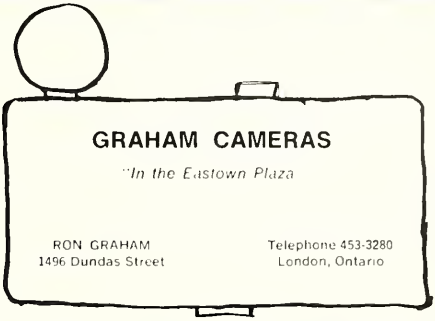

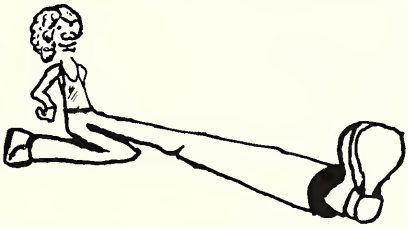

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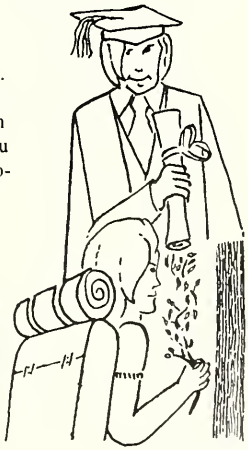

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